



Wendy Hilliard Gymnastics Foundation

## Congrats ZaQuae - 7th in the WORLD! 🌍

WHGF/CAVU Trampoline & Tumbling athlete ZaQuae Carter finished 7th in the 2022 T&T World Age Group Competitions in Bulgaria



Share your messages of congratulations to ZaQuae on Instagram!

---

## On this Giving Tuesday Help Fund Scholarships

*Many of WHGF's Community and Competitive Team participants receive partial or full scholarships.*

**Alexis Page**, student and scholarship athlete, started in WHGF's Community program when she was 7. She participated on the competitive Rhythmic Gymnastics team and developed into an elite athlete who became a National and International Event Gold Medalist and three-time USA National Team Member.





We are so proud that Alexis is now **WHGF's Gymnastics Manager and Rhythmic Gymnastic Head Coach** in Harlem serving as coach, role model, and inspiration to so many young people.

[Give a financial gift today to help fund scholarships and to make the dreams of young gymnasts' a reality.](#)

## SAVE THE DATE

**The Harlem Gymnastics Invitational is Back!**



**FEBRUARY 24-26, 2023**

**HCZ HARLEM ARMORY  
40 W 142nd Street  
between Lenox and Fifth Ave.**

**Girls Artistic Gymnastics | Rhythmic Gymnastics |  
Trampoline & Tumbling**



See great gymnastics performances & routines!

*Free Admission*

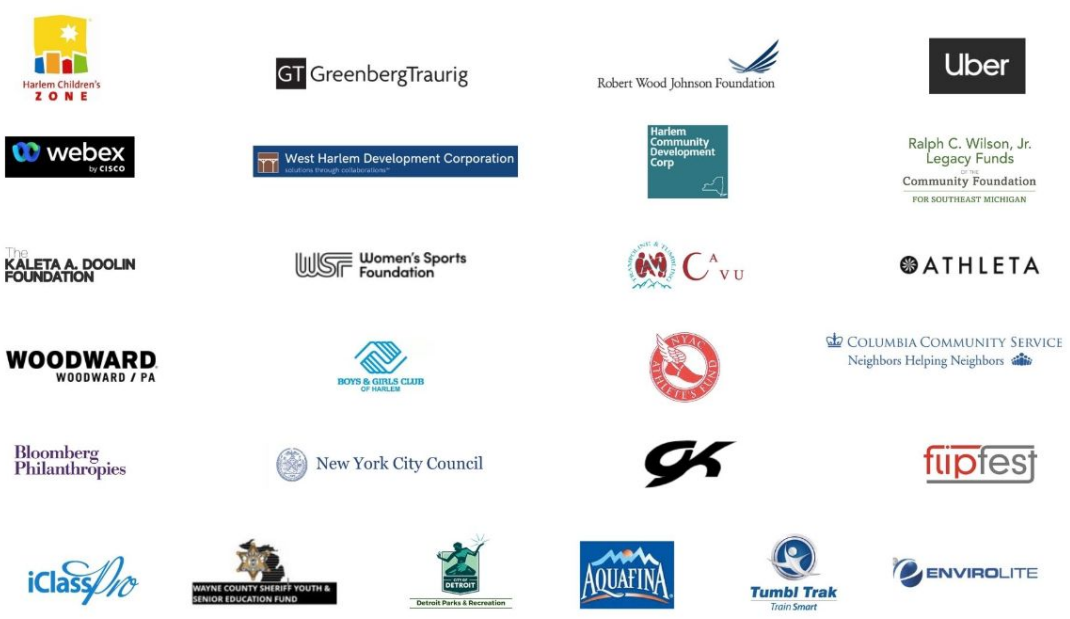
[www.wendyhilliard.org](http://www.wendyhilliard.org)  
<https://wendyhilliard.org/what-we-do/HGI/>

We are seeking corporate sponsors for HGI and have great opportunities. For information, please contact Susan Fulwiler at

**We are grateful for your continued support!**

**DONATE HERE**

**The Wendy Hilliard Gymnastics Foundation empowers youth from underserved communities by improving physical and emotional health through the sport of gymnastics. We have served over 25,000 youth.**  
*For more information visit [wendyhilliard.org](http://wendyhilliard.org)*



We'd love to hear from you! Call us at 212.316.0315

Copyright © 2022 Wendy Hilliard Gymnastics Foundation, All rights reserved.

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)

